

CAREER DEVELOPMENT FOOD & HOSPITALITY TRAINING

RIVERDALE IMMIGRANT WOMEN'S CENTRE (RIWC)

is offering a 10-week skills training program focused on the food and hospitality sector.

Current classes are held **online**, with support provided in accessing laptops and internet if needed.

Includes a 6-month post-program and hiring support for job maintenance & retention



Certification:

Food Handlers, WHMIS



Additional Supports:

housing, referrals to mental health & addiction supports

Who is this program for?

Anyone 18+ living in the GTA and receiving Ontario Works

Note: We are particularly sensitive to the needs of newcomers, immigrant and refugee women, internationally educated professionals (with a work permit), and other racialized and marginalized populations.

When are classes?

Monday to Friday from 10am to 3pm (registration on an ongoing basis)

How much does it cost?

How do I register?

Please contact your case worker for a referral; inquire about technology access benefits



Skills Training Includes:

- Essential Skills Assessment
- Computer training in Microsoft Office (Word, Excel, PowerPoint) and Internet Research
- Career Exploration
- Resume & Cover Letter
- Goal Setting, Job Searching & Job Interviewing for the Canadian Workplace
- Customized Hands-on Learning Activities through In-House Placement (e.g., café management, events management, catering, cooking, baking, office administration, and social entrepreneurship)
- Job Coaching
- Personal and Professional Communication
- Motivation, Confidence, and Self-Esteem
- Life Skills
- Referrals to Counselling & Settlement Services

For more details, contact: Rhoda Bincy rhoda@riverdalehub.ca

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