



# ESSENTIAL PATHWAYS TO EMPLOYMENT (EPE)

RIVERDALE IMMIGRANT WOMEN'S CENTRE (RIWC)

is offering an **8-week training program**

that provides hands-on skills training and tools needed to enter the labour market.

Current classes are held **online**, with support provided in accessing laptops and internet if needed.

### The EPE Program Includes:

- one-on-one and group sessions
  - personal supports
- 6-months post-program support  
(focused on successful employment, job maintenance and retention)

### Skills Training Sessions Include:

- Essential Skills Assessment
- Computer Training in Microsoft Office (Word, Excel, PowerPoint) and Internet Research
- Career Exploration
- Resume & Cover Letter
- Goal Setting, Job Searching, and Job Interviewing for the Canadian Workplace
- Job Coaching
- Motivation, Confidence, and Self-Esteem
- Life Skills
- Personal and Professional Communication
- Referrals to Counselling & Settlement Services
- Volunteer Placement

### Who is this program for?

Anyone 18+ living in the GTA and receiving Ontario Works

*Note:* We are particularly sensitive to the needs of newcomers, immigrant and refugee women, internationally educated professionals (with a work permit), and other racialized and marginalized populations.

### When are classes?

Monday to Friday from 10am to 3pm  
(registration on an ongoing basis)

### How much does it cost?

FREE

### How do I register?

Please contact your caseworker for a referral; inquire about technology access benefits.

For more details, contact:

Rhoda Bincy

[rhoda@riverdalehub.ca](mailto:rhoda@riverdalehub.ca)

Riverdale Immigrant Women's Centre

1326 Gerrard St. East (Greenwood Ave. & Gerrard St. E.)

