



Wrap-around services

Social Isolation

Updated July 13 2022

DATE	ITEM	NOTES
	The Krasman Centre- Warmline	https://krasmancentre.com/what-we-do/warm-line-peer-crisis-support/ (online chat 10am-12am) 1-888-777-0979 (24/7 support) 1-888-768-2488 (3pm-7pm, 7 days a week)
	Progress Place- Warmline	https://www.warmline.ca/ (online chat 12pm-12am, 7 days a week)
	Working Women Community Centre - civic engagement programs	https://www.workingwomencc.org/program-areas/civic-engagement/
	YMCA programs for seniors	https://brightspot.ymcagta.org/
	YMCA GTA- Find a YMCA centre near you	https://ymcagta.org/find-a-y
	Variety Village- Recreation Centre for Children with diabilities	https://www.varietylvillage.ca/
	Community Matters Toronto- Healthy Living Program	http://communitymatterstoronto.org/healthy-living/
	Toby's Place- A safe(r) space for queer, trans, and questioning youth in Scarborough	https://tobysplace33.wixsite.com/website
	Play Forever- youth, families and community programming	https://playforever.ca/programs-and-services/
	SKETCH- youth community arts	https://www.sketch.ca/programs/what-we-offer/
	East End Arts- Community Arts Organization	https://eastendarts.ca/
	Kids with Incarcerated Parents (KIP)	https://www.kipcanada.org/programs-support-services
	Black Creek Community Health Centre- New to Canada Programs	https://www.bcchc.com/new-to-canada/
	Parkdale Community Health Centre- Youth, Senior, Newcomer, Women's Programming	https://pqwchc.org/programs-services/community-services-and-programs/

Toronto Public Library- Fabrication Studio	https://www.torontopubliclibrary.ca/using-the-library/computer-services/innovation-spaces/fabrication-studio.jsp
Toronto Public Library	www.torontopubliclibrary.ca/
Sistering- low barrier drop-in for women and trans folks	https://sistering.org/low-barrier-drop-in/
Strides Toronto- Programs and Services children, youth, and families	https://stridestoronto.ca/programs/#socializing
the519- Programs and Services for LGBTQ2s community	https://www.the519.org/programs
Bikes Without Borders- Free Bikes for Newcomers	https://bikeswithoutborders.org/
City of Toronto- walking trails	https://www.toronto.ca/explore-enjoy/recreation/walking-hiking/trails/
Toronto Public Library- Complimentary Presto Card	https://www.torontopubliclibrary.ca/services/presto.jsp
City of Toronto- Fair Pass Transit Discount Program	www.toronto.ca/transitdiscount
Canadian Centre for Victims of Torture- Community Engagement, Befriending program	https://ccvt.org/community-engagement/
Art City Toronto- free arts programming for children and youth	https://www.artcitytoronto.ca/?page_id=976
Friends of Ruby- Programs and Services for LGBTQ2S youth (16-29)	https://www.friendsofruby.ca/programs-and-services/
Midaynta Community Services- Programs and Services for Refugees, Immigrants, and Youth in need	https://midaynta.com/
Centre for Mindfulness Studies- Access Mindfulness Resources	https://www.mindfulnessstudies.com/