



FREE COUNSELLING FOR WOMEN

RIVERDALE IMMIGRANT WOMEN'S CENTRE (RIWC) offers **free counselling** to all those aged 16+ who identify as a **woman, non-binary, and/or gender non-conforming** and have experienced any form of **violence, serving all denominations** (Muslim, Christian, Jewish, Hindu, Atheist, etc.)

HAVE YOU EXPERIENCED:

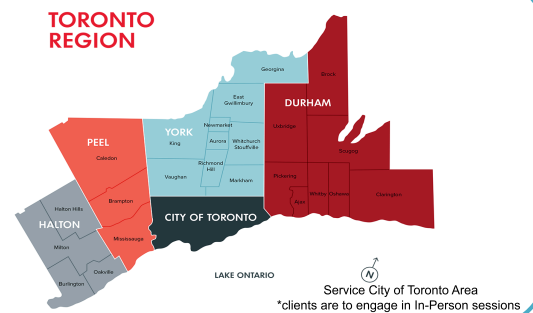
- Violence?
- Abuse and assault (physical, sexual, emotional and/or mental)?
 - Distress or depression as a result of trauma?
 - And live within the GTA?

Our Services:

- One-to-one violence against women counselling;
- Crisis counselling;
- Safety planning for women and their children;
- Information, education & advocacy;
- Internal referrals and referrals to community resources.

FREE AND CONFIDENTIAL SERVICES

Languages:
English, Arabic



For more details, visit us at:

www.riwc.ca

Email us at:

vawcounselling@riverdalehub.ca

Phone: 647-395-3676

Riverdale Immigrant Women's Centre
1326 Gerrard St. East
(south of Greenwood subway)

